# Table of Contents

Table of Contents	1
COCAF News	3
Donate Now!	3
Easy Money	3
School Is Just Around the Corner	3
COCAF Services	4
COCAF Newsletter	4
Adoption/Kinship/Foster Information	5
Adoption Support Group	5
Help Create A Competent Provider Directory	5
Air Force Offers Assistance with Adoption Expenses	6
Developing Parent-to-Parent Support Networks	6
Voice for Adoption Many Faces, Many Families	6
Meeting The Mental Health And Developmental Needs Of Adopted Children	6
Conferences	7
Journey of Asian Adoption: Building a Multicultural Family	7
Education	8
Scholarship Opportunity	8
Family Events	8
Free/Low Cost Movies & Summer Concerts	
Free All The Time!	8
Medicaid	9
Medicaid Developmental Disabilities Audit	9
Surveys	
Adoption Birthparent Contact Survey	11
PEAR Survey	
Training Opportunities	12
PREP 2009 Schedule	
DARE To Be You Strong Extended Families	
Advanced ACT Workshop for Trauma	
Understanding and Meeting the Unique Needs of Foster and Adoptive Families	
Their Children	
Schools	15

COCAF E-Newsletter

1 of 20

August 2009

Sexual Behavior in Children	16
Childhood Sexuality Part II	17
Child Interview Training	
Just for Fun	
Fun Things & Coupons	
Adoption Exchange's 22 <sup>nd</sup> Annual Fantasy Ball	
Website Topics	

# **COCAF** News

#### Donate Now!

Please go to COCAF's website, <a href="www.cocaf.org">www.cocaf.org</a>, and check out the DONATE NOW THROUGH GIVINGFIRST.ORG button (upper right part of the screen). GivingFirst allows donors to donate online in a completely secure environment. In addition, GivingFirst covers all of the credit cards fees, so COCAF receives 100% of your donation. Take the time to check out the COCAF website, and if you have ever used any of the information in this newsletter or been assisted in any way by COCAF, please help us continue our services by making an online donation. If everyone who read our newsletter donated just \$5, think of the services we'd be able to provide to adoptive families! Please go online today at <a href="www.cocaf.org">www.cocaf.org</a> – and DONATE!

# Easy Money

Applewood Plumbing, Heating & Electrical is giving away \$12,000 in 12 months. Applewood is going to give back to the community by donating \$1,000 a month to local nonprofit companies. They will be accepting nominations through the mail or on the web and will choose a winner monthly using a random drawing. The more times COCAF is entered into the drawing, the better our chances of winning. You may re-enter every month (until COCAF wins!), but you may only enter once per month. Charities may receive multiple entries, so refer this site to your friends. Please take the time to enter COCAF into this drawing. If COCAF wins, the \$1,000 will be used to continue providing support services to adoptive families.

To enter online, go to:

http://www.applewoodfixit.com/12in12.html

To complete the form for COCAF, enter the following information:

Non-profit name: COCAF

Non-profit phone number: 303-562-9864

Web site: cocaf.org

# School Is Just Around the Corner

It seems like no sooner than we get the summer schedule working well, it's time for school to start. Take advantage of the last weeks of your child's summer vacation and do something fun. Maybe even let the kids plan the event; you might be surprised at what they can come up with on their own.

Frank Bennett, Ph.D., President, COCAF Board of Directors <a href="mailto:frankbennetphd@comcast.net">frankbennetphd@comcast.net</a>

COCAF E-Newsletter 3 of 20 August 2009

#### COCAF Services

If you are in need of COCAF's services or just want to pass on some information, you may email Deborah Cave, Executive Director, at <a href="mailto:deborah.cave@cocaf.org">deborah.cave@cocaf.org</a>.

## COCAF Newsletter

If you have items you think would be appropriate for the COCAF newsletter, please forward those items to <a href="mailto:colleen.tarket@cocaf.org">colleen.tarket@cocaf.org</a> by the 20<sup>th</sup> of the month for consideration for the next month.

COCAF E-Newsletter 4 of 20 August 2009

# Adoption/Kinship/Foster Information

# Adoption Support Group

The Adoption Support Group at The Aurora Mental Health Early Childhood and Family Center is a parent-facilitated support group. The facilitators have many years of experience with foster and adopted children, as well as with their own children, some who have had special needs.

This is a free group, and childcare is provided. Families meet on the 2<sup>nd</sup> and 4<sup>th</sup> Monday evening from 5:30 p.m. to 7:30 p.m. at 11059 E. Bethany Drive in Aurora, Colorado, 80014. Families bring in food for a potluck dinner.

Anyone who is interested in the group can contact Kim Wilson at 720-937-2376 or Angela Becker at 303-808-4568.

# Help Create A Competent Provider Directory

Parents for Ethical Adoption Reform (PEAR) will be creating and providing two new directories to the public in the fourth quarter of 2009. One will be a National Mental Health Provider Directory that will include licensed child/family therapists, camps, respite care facilities, therapeutic day and residential schools, and programs that are known to work with adoptive families or have knowledge about adoption, institutionalization, and/or prenatal substance use issues.

The second directory will be a National Therapist Directory that will include licensed therapists (such as occupational therapists, craniosacral therapists, or others) that are known to work with adoptive families or have knowledge about adoption, institutionalization, and/or prenatal substance use issues.

Both will be updated quarterly. PEAR is inviting the public to suggest providers with whom they have had experience. The following links each have eight open-ended questions to add basic contact information.

Mental Health Provider data collection link:

http://www.zoomerang.com/Survey/?p=WEB2293WGNNAXF

Therapist data collection link:

http://www.zoomerang.com/Survey/?p=WEB2293WJNNC6H

You can connect through the PEAR website at <a href="http://www.PEAR-now.org">http://www.PEAR-now.org</a>.

COCAF E-Newsletter 5 of 20 August 2009

# Air Force Offers Assistance with Adoption Expenses

With thousands of children available for adoption in the United States alone, and with adoption fees that can reach well into the thousands of dollars, Air Force officials are helping ease the initial financial obligations for those military families opting to adopt.

Through the Adoption Expense Reimbursement Program, parents using a legal adoption agency may be eligible for up to \$2,000 per adoptive child, with a maximum reimbursement of \$5,000 in a year, for qualifying expenses. To read the article by April Rowden, Air Force Personnel Center Public Affairs, visit: <a href="http://www.af.mil/news/story.asp?id=123157509">http://www.af.mil/news/story.asp?id=123157509</a>.

# Developing Parent-to-Parent Support Networks

As part of the North American Council on Adoptable Children (NACAC) Community Champions Network project, NACAC, with the assistance of effective parent groups across the US, developed a manual on developing parent-to-parent support networks. To view this manual, go to: <a href="http://www.cocaf.org/dev-parent-support-network">http://www.cocaf.org/dev-parent-support-network</a> and click on Parent Network 2009.

# Voice for Adoption Many Faces, Many Families

This November, Voice for Adoption (VFA) will once again highlight families adopting children and youth from the foster care system, in their annual Adoptive Family Portrait Project. This year's theme is *Many Faces, Many Families*; VFA hopes to highlight a range of families adopting foster children, including single parents or relatives who have adopted from the child welfare system and those adopting older youth or sibling groups. For information on how you can participate or help, contact Nicole Dobbins, Executive Director, by email at <a href="mailto:voiceforadoption@gmail.com">voiceforadoption@gmail.com</a> or by phone at 202-210-8118.

# Meeting The Mental Health And Developmental Needs Of Adopted Children

Evan B. Donaldson Adoption Institute has published a paper by David Brodzinksy, which represents the initial phase of a broad, long-term Institute project designed to shape best-practice standards that will assist adoption professionals in the preparation and education of adoptive parents. This policy and practice paper outlines best practices for preparing adoptive parents to meet the mental health and developmental needs of their children.

To access the complete paper, go to: http://www.adoptioninstitute.org/policy/2008 02 parent prep.php.

COCAF E-Newsletter 6 of 20 August 2009

# Conferences

# Journey of Asian Adoption: Building a Multicultural Family

Friday, October 9 – Saturday, October 10, 2009

Hilton Garden Hotel, Denver Tech Center, 7675 East Union Ave., Denver, CO 80237

Presented by the Asian Pacific Development Center, the October conference will bring together leaders in Asian adoption from throughout the United States. The conference will be in two parts, including a Friday night gala dinner and a full day of workshops and panels on Saturday. Attendees can choose to participate in one or both days.

Honorary Chairs for both events are Colorado's first lady, Jeannie Ritter, and Senior Vice President at Wells Fargo, Pat Cortez.

The conference will begin Friday evening October 9, with a dinner featuring renowned sportswriter Rick Reilly. Reilly, who has been voted National Sportswriter of the Year 11 times and whose popular column "The Life of Reilly" graced the pages of Sports Illustrated for nearly 23 years, will join the conference with his 20-year old daughter Rae who was adopted from Korea as an infant. The two will share the story of their journey to Korea in search of Rae's birth family. Attendees can expect an original presentation with Reilly's trademark depth, humor, and heart.

On Saturday, registration will begin at 8:30 a.m. with a light breakfast. Workshops begin at 9:15 a.m., and will be led by adoption experts. They will include key topics of interest to both current and prospective adoptive parents. Many workshops will include older Asian adoptees who will share their insight and views.

Onsite childcare will be provided on Saturday for \$15 per child.

For more information, send an email with your questions to: dgliwa@comcast.net.

Online registration is available at: <a href="https://www.APDC.org">www.APDC.org</a>, then select ADOPTION CONFERENCE.

#### Education

# Scholarship Opportunity

If you're a high school or college student, you can join the Denver Community Credit Union Youth Advisory Board. After a successful year of volunteer service, each board member is eligible for a \$500 scholarship.

To find out more about this opportunity, or to receive an application, contact Helen at <a href="mailto:hgibson@denvercommunity.coop">hgibson@denvercommunity.coop</a> or call (303) 573-1170 ext. 754.

Applications are due on September 4, 2009.

# Family Events

## Free/Low Cost Movies & Summer Concerts

For information on free or low cost movies and summer concerts, go to: <a href="http://colorado.parenthood.com/CO\_moviesconcerts0907.php">http://colorado.parenthood.com/CO\_moviesconcerts0907.php</a>.

### Free All The Time!

**Aurora History Museum**, 15051 E. Alameda Parkway Aurora, CO. (303) 739-6666. Tuesday-Friday 9:00 a.m.-4:00 p.m., Saturday & Sunday 11:00 a.m. - 4:00 p.m.

**Bluff Lake Nature Center**, off of Havana near Stapleton. For more information or clear directions call (303) 945-6717. Open sunrise to sunset.

For a comprehensive list of things to do for free in the Denver area, go to: <a href="http://www.denver.org/events/free-events">http://www.denver.org/events/free-events</a>.

### Medicaid

# Medicaid Developmental Disabilities Audit

This information provided by Marijo Rymer, Executive Director, The Arc of Colorado

The State Auditor presented to the Legislative Audit Committee the results of a performance audit of payment controls over Medicaid services provided to people with developmental disabilities. The audit resulted from a legislative request urged by chapters of The Arc in Colorado.

The purpose of the audit was to determine whether payments (under the Home and Community-Based Services developmental disabilities (HCBS—DD) waiver for comprehensive services) were:

- · Made only for authorized services
- Accurate, allowable, and timely
- Made only for provided services

The audit also reviewed the State's progress in addressing potential conflicts of interest for Community Centered Boards (CCBs) that provide both case management and direct services. The audit did not review the regional centers, Support Living Services (SLS) or Children's Extensive Support (CES) waivers, or state general fund programs for persons with developmental disabilities. However, the state auditor, Department of Health Care Policy and Financing (HCPF), and Division for Developmental Disabilities (DDD) acknowledged that findings from this audit will be used to improve payment controls for other programs. The audit did not review non-billing related aspects of the HCBS (Comp) program such as needs assessment, service plan adequacy, eligibility determination, case management, quality assurance, or wait list management. The audit time frame covered Fiscal Year 2008—the first year of the fee-for service comp waiver.

#### Key findings:

- DDD does not have adequate systems in place to ensure that service plan lines are accurate and complete regarding service frequency.
- DDD's practices for selecting service-requests for review are inadequate. For existing clients, the Division's practice is to automatically approve, without review, all requests for amounts of services that fall below certain threshold levels. DDD did not base its thresholds on best practices or, where available, clinical standards or service; DDD has no documentation of the process used to develop and set the threshold levels; DDD did not consider risk when setting thresholds to review services that could be prone to over or underutilization.
- DDD cannot provide an adequate basis for its service approval or denial decisions.

COCAF E-Newsletter 9 of 20 August 2009

- DDD has not ensured that reviewers have adequate qualifications and skills to make approval and denial decisions.
- DDD does not conduct post payment reviews to ensure that claims are paid only for services that were actually provided, allowable, and delivered by qualified Medicaid providers.
- DDD has not provided sufficient monitoring and oversight of the payment control system as required by the inter-agency agreement with HCPF. DDD has not provided CCBs with adequate guidance or upfront internal monitoring to identify necessary improvements.
- HCPF has not adequately monitored DDD's fiscal administration of the waiver program.
- The current system for the DD Comp waiver in Colorado presents the potential for conflicts of interest for the CCBs. For example, DDD and HCPF have not implemented a plan to address the recommendations of the University of Southern Maine study completed in December 2007.

Recommendations for addressing the eight findings were presented to DDD and HCPF. Both departments agreed with the audit findings and indicated timelines to act on recommendations ranging from July 2009 to June 2010.

Karen Beye, Secretary of the Department of Human Services; Tim Hall, DHS Deputy Director for veteran's affairs and DDD; Sharon Jacksi, DDD director; Dr. Sandeep Wadhwa, State Medicaid Director (HCPF); and Barb Prehmus, Director for HCPF long-term Care Services division responded to the audit findings, provided general outlines of plans to address findings, and answered questions of legislators. There is no public testimony at the Legislative Audit Committee.

To access an electronic version of the report, go to <a href="www.state.co.us/auditor">www.state.co.us/auditor</a>. The audit is titled "Controls Over Payments Medicaid Community-Based Services for People with Developmental Disabilities Department of Health Care Policy and Financing Department of Human Services." The link directly to the report is:

http://www.leg.state.co.us/OSA/coauditor1.nsf/UID/6DD04E82D6D8004F872575F2005F ECC2/\$file/1832+Dev+Dis+Perf+June+2009.pdf?OpenElement.

COCAF E-Newsletter 10 of 20 August 2009

# Surveys

# Adoption Birthparent Contact Survey

If you adopted an unrelated child from foster care, your input is needed for a survey on post-adoption birthparent contact. Michelle Roberts, a foster and adoptive parent herself, is doing a graduate thesis on post-adoption contact in foster care adoptions. Even if you have had no contact with your child's birthparents, your input is valuable to the study.

The online survey takes less than 10 minutes to complete and contains no identifying information. As a special thank you, you will be entered into a drawing for a chance to win a \$100 gift certificate to the store of your choice. Please take a moment to help with this study. Go to <a href="www.AdoptionStudy.org">www.AdoptionStudy.org</a> for the online survey or contact Michelle at <a href="meroberts2@eiu.edu">meroberts2@eiu.edu</a> if you would prefer to have a paper survey mailed to you. Your help is greatly appreciated!

# PEAR Survey

Parents for Ethical Adoption Reform (PEAR) is conducting an "Observational Survey of Adoptive Parents on Success, Satisfaction, and Types of Post-Adoption Services." This survey will remain open all summer and results will be published in the fall. You can access the survey at:

http://www.zoomerang.com/Survey/?p=WEB228Q6QUGVM6.

COCAF E-Newsletter 11 of 20 August 2009

# Training Opportunities

#### PREP 2009 Schedule

COCAF, AFI Grant Teams, and The Adoption Exchange, through a federal Adoption Opportunities grant, are presenting 1½-day retreats for parents who have adopted through the child welfare system. These Adoptive Parents Retreats are designed to help strengthen and re-establish the communication skills, using the PREP© curriculum (Prevention and Relationship Enhancement Program). You will meet other families experiencing similar feelings and challenges as your family, in a non-judgmental, supportive, and understanding environment.

These weekends are free of charge to adoptive parents! Workshops begin at 8:00 a.m. Saturday morning and end by noon on Sunday. The retreats include accommodations for Saturday night, meals, and the PREP curriculum. Respite funds are available.

#### You will learn how to:

- Communicate with each other more gently and effectively
- Discuss problems and resolve conflict in a safe way
- Listen to and be heard by your partner
- Respond to your children as a unified team
- Show respect for your partner and have fun as a couple

You must attend as part of a pair – single parents please bring an adult who is significant in your child's life (parenting-partner, teacher, faith-based person, etc.). If you have adopted from, or currently live in one of the counties listed below, contact the identified person to register for one of these respite weekends. Rejuvenate yourself, your relationship, and your family!

Dates	Team	Registration Contact Person/#
August 1 & 2, 2009	Larimer County &	Tinuviel Atwood, BSW
Hampton Inn,	Adoption	The Adoption Exchange
Fort Collins	Exchange	tatwood@adoptex.org
	_	303-755-4756 x217
Sept 12 &13, 2009	Boulder	Suzanne Daniels, 303-441-1533
-		sdaniels@co.boulder.co.us

This workshop is provided by the Colorado Coalition of Adoptive Families (COCAF), AFI Grant Teams, and The Adoption Exchange through a grant from the Administration for Children and Families. The Adoptive Families Initiative (AFI) Grant will use information throughout the retreat process for ongoing program evaluation and improvements and assures that all information will be kept strictly confidential.

COCAF E-Newsletter 12 of 20 August 2009

# DARE To Be You Strong Extended Families

Presented by CSU Denver County Extension Jan Miller-Heyl, Trainer Wednesday, August 12, 2009, 9:30 a.m. – 5:00 p.m. Harvard Gulch Recreation Center, 550 East Cliff Ave., Denver, CO

If you are currently working with grandparents or other kin raising a grandchild or extend family member, consider attending the Train the Trainer for the Strong Extended Families presented by the CSU DARE To Be You Program. The training will provide an introduction to a curriculum based on the model DARE To Be You program with special adaptations for grandparents and other family members unexpectedly raising their grandchildren or kin. This curriculum focuses on the unique needs of these families with a specific component on the effects of substance abuse.

The curriculum helps families:

- Look at their strengths
- Normalize the feelings in kinship care relationships
- Practice practical skills for managing this increasingly common situation through non-threatening activities
- Gain very specific information on how substance abuse affects the entire family: the roles people take, the myths people believe, and the practical steps to cope with these issues
- Reinforce with youth that they are not the problem

Trainer Jan Miller-Heyl has been the Director of the DARE to Be You program for almost 30 years. She has contributed in many capacities including facilitating both youth and parent programs, national replication training, and research and curriculum design.

Cost: \$20 (lunch provided) plus the cost of training manuals (\$18 each or \$35 for set of two manuals (adult and youth)).

*To register:* Contact Nancy Melvin by email at nancy.melvin@denvergov.org or call 720-913-5275.

COCAF E-Newsletter 13 of 20 August 2009

# Advanced ACT Workshop for Trauma

Presented by the Boulder Center for Cognitive and Behavioral Therapies, LLP (BCCBT) Robyn Walser, Ph.D., Trainer Sunday, August 16, 2009, 9:00 a.m. - 4:00 p.m. Boulder, Colorado (location yet to be determined)

Acceptance and Commitment Therapy (ACT) is a mindfulness-based behavioral therapy for depression, PTSD, chronic pain, anorexia, and substance abuse. Effective with individuals, couples, and groups, ACT helps clients to live in the present moment, connect with their values, and effectively handle painful thoughts, feelings, memories, sensations, and urges. Published studies have shown that ACT training increases therapist effectiveness and reduces therapist burnout.

This workshop will focus on evidence-based strategies for managing trauma.

Trainer Robyn D. Walser, Ph.D., is a psychologist for the National Center for PTSD at the Veterans Affairs (VA) Palo Alto Health Care System, California. During her graduate studies she developed expertise in traumatic stress, substance abuse, and Acceptance and Commitment Therapy (ACT). She is currently developing innovative ways to translate science-into-practice and is responsible for the dissemination of state-of-the-art knowledge and treatment related to Post Traumatic Stress Disorder to health care professionals and trainees across all VA facilities nationally.

Cost: \$175 for clinicians, \$125 for students; early registration fee (postmarked by July 31st) \$150 for clinicians, \$100 for students

For further information or to register: Go to <a href="www.bouldercbt.com">www.bouldercbt.com</a>; phone (303) 225-2709; or email info@bouldercbt.com.

# Understanding and Meeting the Unique Needs of Foster and Adoptive Families and Their Children

Presented by the Colorado Post-Adoption Resource Center (COPARC) Denise Leffingwell, MSW, LCSW

Friday, August 21, 2009, 9:00 a.m. – 4:00 p.m. Denver, CO

Thursday, August 27, 2009, 9:00 a.m. – 4:00 p.m. Fremont County Department of Human Services 172 Justice Center Road, Canon City, CO 81212

This introductory class will highlight:

- Child development issues and emotional conflicts in the life of a child moving through the foster care system to adoption
- Psycho-social issues, diagnosis, and treatment of a child who was adopted
- Post-placement support and treatment services for the adoptive family
- Strategies to address the special challenges of the adoptive family

*Cost:* Free to professionals who work with adoptive and foster families. Breakfast, lunch, snack, and materials will be provided.

To register: Contact Tanya Hammar by email at <a href="mailto:Tanya@adoptex.org">Tanya@adoptex.org</a> or by phone at 303-755-4756 or 1-800-451-5246.

### Schools

Presented by the Colorado Post-Adoption Resource Center (COPARC) Tuesday, August 25, 2009, 6:00 p.m. – 9:00 p.m. Northglenn, CO

For information on this class, contact Tanya Hammar by email at <a href="mailto:Tanya@adoptex.org">Tanya@adoptex.org</a> or by phone at 303-755-4756 or 1-800-451-5246.

#### Sexual Behavior in Children

Presented by the Colorado Post-Adoption Resource Center (COPARC) Cindy Carey, MSW, LCSW Thursday, August 27, 2009, 9:00 a.m. – 4:00 p.m. NE Teller County Fire Station, 1010 Evergreen Heights Dr., Woodland Park, CO 80863

#### This workshop will focus on:

- Developing a basic understanding of sexual behavior in children
- Learning supervision safety strategies
- Reducing fears when working with or parenting children who have sexualized behavior

Trainer Cindy Carey, MSW, LCSW, is the Children and Family Services Supervisor at the Arapahoe County Department of Human Services. Ms. Carey won the National Adolescent Perpetration Network Pioneer Award for her contribution toward stopping juveniles from sexually abusing younger children and reducing the risk of sexual abuse in future generations.

*Cost:* \$5. The fee is waived and registration preference is given to families who have adopted from the child welfare system. Light dinner is provided.

To register: Contact Tanya Hammar by email at <a href="mailto:Tanya@adoptex.org">Tanya@adoptex.org</a> or by phone at 303-755-4756 or 1-800-451-5246.

COCAF E-Newsletter 16 of 20 August 2009

# Childhood Sexuality Part II

Presented by The Denver Children's Advocacy Center (DCAC) Dr. Gizane Indart, PsyD, Trainer Thursday, October 15, 2009, 9:00 a.m. - 12:00 p.m. Denver Police District 2, 3921 Holly Street, Denver, CO 80205

This class will present in-depth case studies and, step by step, describe the therapeutic model and interventions used. This training will integrate outcomes of the Kempe Children's Center Perpetration Prevention Study Group and the book Web of Meaning: A Developmental-Contextual Approach in Sexual Abuse Treatment, by Gail Ryan (Gail Ryan & Associates, 2000, Safer Society Press). This training will allow time for specific questions.

Trainer Gizane Indart, PsyD, a bilingual and bicultural psychologist, is the Executive Director of the Denver Children's Advocacy Center. She has been a Fellow with the ChildTrauma Academy under the direction of Dr. Bruce Perry since 2003, and has over 20 years of working experience with traumatized children and their families.

Cost: \$75 per person; \$50 per person for groups of 4 or more from the same agency; \$35 student rate with valid ID; \$85 per person after October 14 at noon or day of event.

For further information: Go to www.denvercac.org.

# Child Interview Training

Presented by The Denver Children's Advocacy Center (DCAC) Thursday, October 29, 2009 – Friday, October 30, 2009 (2 full days) Denver Police District 2, 3921 Holly Street, Denver, CO 80205

This in-depth 2-day training will cover:

- Child interview techniques
- How to utilize the phased interview process
- Trauma and the developing child
- Practical application of language development concepts
- Defense strategies and tactics.

Case examples will be presented. Trainees will have opportunities for practice and skill development. Speakers will include Karen Blackwell (Forensic Interview Program Manager, DCAC), Stephanie Knapp (Child & Adolescent Interview Specialist, FBI), and others to be announced.

For further information: Go to www.denvercac.org.

COCAF E-Newsletter 17 of 20 August 2009

# Just for Fun

# Fun Things & Coupons

For coupons for local Colorado activities, go to: http://www.coloradokids.com/listings.php?category=funthings&type=funcenter&region=colorado

# Adoption Exchange's 22<sup>nd</sup> Annual Fantasy Ball November 2009: 22<sup>nd</sup> Annual Fantasy Ball

More information to come! For information on any Adoption Exchange event, go to: www.adoptex.org.

# Website Topics

This section contains the headings from some of the previous COCAF newsletter items. Rather than reprint these items in every newsletter, we're providing the name of the article and a link to the information on the COCAF website.

Adoption-Related Information <a href="http://www.cocaf.org/adoption\_topics">http://www.cocaf.org/adoption\_topics</a>

Adoptive Families Denver http://www.cocaf.org/adoptive

COPARC <a href="http://www.cocaf.org/coparc">http://www.cocaf.org/coparc</a>

Foster Care and Adoption Self-Assessment Guide <a href="http://www.cocaf.org/adoption-foster">http://www.cocaf.org/adoption-foster</a>

Income Taxes & Adoption <a href="http://www.cocaf.org/tax">http://www.cocaf.org/tax</a>

Larimer County Alliance for Grandfamilies (LCAG) http://www.cocaf.org/kinship-larimer

The Adoption Exchange Support Groups Listing <a href="http://www.cocaf.org/support">http://www.cocaf.org/support</a>

Adoption Subsidy Information <a href="http://www.cocaf.org/subsidies">http://www.cocaf.org/subsidies</a>

Colorado Subsidy Information <a href="http://www.cocaf.org/adoption-subsidy">http://www.cocaf.org/adoption-subsidy</a>

Expanding Title IV-E Adoption Assistance <a href="http://www.cocaf.org/adoption-titleiv">http://www.cocaf.org/adoption-titleiv</a>

NACAC Report on Adoption Subsidies http://www.cocaf.org/adoption-nacac-report

National Subsidy Information <a href="http://www.cocaf.org/adoption-national">http://www.cocaf.org/adoption-national</a>

Conference Calls/Discussion Boards <a href="http://www.cocaf.org/current-conference">http://www.cocaf.org/current-conference</a>

Child Welfare League of America <a href="http://www.cocaf.org/conference-welfare">http://www.cocaf.org/conference-welfare</a>

Conscious Connections Talk Radio <a href="http://www.cocaf.org/conference-conscious">http://www.cocaf.org/conference-conscious</a>

"Listening to Parents" Project Discussion Board <a href="http://www.cocaf.org/conference-listening">http://www.cocaf.org/conference-listening</a>

NAMI Children's Conference Calls http://www.cocaf.org/conference-nami

#### Education http://www.cocaf.org/education-menu

Casey "Foster Parent College" Scholarships <a href="http://www.cocaf.org/scholarships-casey">http://www.cocaf.org/scholarships-casey</a>

Expanded Access to College Financial Aid for Former Foster Youth http://www.cocaf.org/college-aid

Foster Youth Internship (FYI) Program <a href="http://www.cocaf.org/youth-internship">http://www.cocaf.org/youth-internship</a>

Mobility Issues & Special Education http://www.cocaf.org/mobility

Online Educational Advocacy Resource http://www.cocaf.org/edu-advocacy

Parents of Adults with Disabilities <a href="http://www.cocaf.org/edu-parents">http://www.cocaf.org/edu-parents</a>

Reducing Behavior Problems in the Classroom <a href="http://www.cocaf.org/behavior-problems">http://www.cocaf.org/behavior-problems</a>

Spanish-Language Child Welfare Resources http://www.cocaf.org/edu-spanish

Financial Assistance & Information http://www.cocaf.org/financial

Financial Classes http://www.cocaf.org/financial-classes

LEAP http://www.cocaf.org/financial-leap

United Way's 2-1-1 Service <a href="http://www.cocaf.org/financial-united">http://www.cocaf.org/financial-united</a>

Health Care http://www.cocaf.org/healthcare

Denver Options http://www.cocaf.org/health-denver

EPSDT: What It Is & Why It Is Important to Behavior Health Providers? http://www.cocaf.org/epsdt

Medicaid Waiver Information <a href="http://www.cocaf.org/health-medicaidwaiver">http://www.cocaf.org/health-medicaidwaiver</a>

UHCCF Grants for Child Health Care Services <a href="http://www.cocaf.org/health-uhccf">http://www.cocaf.org/health-uhccf</a>

COCAF E-Newsletter 19 of 20 August 2009

#### Legislative Information <a href="http://www.cocaf.org/laws">http://www.cocaf.org/laws</a>

Colorado Child Welfare Action Committee http://www.cocaf.org/legislation-cowelfare

Emancipation Documents Colorado Legislation http://www.cocaf.org/legislation-upcoming

Nebraska Safe Haven Law http://www.cocaf.org/legislative-nebraska

Voice for Adoption Child Welfare Legislation Information <a href="http://www.cocaf.org/voice">http://www.cocaf.org/voice</a>

#### Mental Health Care http://www.cocaf.org/mental-health

Attention Deficient Disorder Association (ADDA) http://www.cocaf.org/mental-adda

Autistic Children: ZAC Browser: Zone for Autistic Children http://www.cocaf.org/mental-zac

CHART: Children's Help and Assistance for Residential Treatment <a href="http://www.cocaf.org/mental-chart">http://www.cocaf.org/mental-chart</a>

Considering Residential Treatment Programs for Children <a href="http://www.cocaf.org/mental-residential">http://www.cocaf.org/mental-residential</a>

COPARC Therapist Database <a href="http://www.cocaf.org/mental-nami">http://www.cocaf.org/mental-nami</a>

E.R.I.C. Program <a href="http://www.cocaf.org/mental-eric">http://www.cocaf.org/mental-eric</a>

Guide on Bipolar Disorder in Children and Teens http://www.cocaf.org/mental-bipolar

Mental Health Websites <a href="http://www.cocaf.org/mental-websites">http://www.cocaf.org/mental-websites</a>

NAMI Connections Link <a href="http://www.cocaf.org/mental-nami">http://www.cocaf.org/mental-nami</a>

NAMI Guide to Crisis Intervention Programs for Youth http://www.cocaf.org/nami-crisis

New Parents and Teachers as Allies Resources <a href="http://www.cocaf.org/mental-allies">http://www.cocaf.org/mental-allies</a>

Therapeutic Services for Jefferson County Victims http://www.cocaf.org/mental-therapeutic

#### Services & Resources http://www.cocaf.org/community

C.A.S.E. Adoption-Related Services http://www.cocaf.org/services-case

Family Unification Program Housing Choice Vouchers http://www.cocaf.org/fup

Grandfamilies State Law & Policy Resource Center http://www.cocaf.org/grandfamilies

Kinship Program at Catholic Charities http://www.cocaf.org/kinship-catholic

Respite Care Services http://www.cocaf.org/respite-care

Respite: Give Me a Break Respite Program <a href="http://www.cocaf.org/respite-break">http://www.cocaf.org/respite-break</a>

#### Training Resources <a href="http://www.cocaf.org/trainers">http://www.cocaf.org/trainers</a>

COCAF Calendar http://www.cocaf.org/event/2009/04/30/month/all/all/1

Colorado Department of Human Services (CDHS) http://www.cocaf.org/trainers

Evan B. Donaldson Adoption Institute <a href="http://www.cocaf.org/trainers">http://www.cocaf.org/trainers</a>

Foster Parent College (FPC) http://www.cocaf.org/trainers

Washington Learning Systems Website http://www.cocaf.org/training-washington

#### Free-For-All http://www.cocaf.org/free-for-all

Colorado-for-Free: Things to Do for Free <a href="http://www.cocaf.org/free-colorado">http://www.cocaf.org/free-colorado</a>

Free Car Seat Checks http://www.cocaf.org/carseat

#### Current Events http://www.cocaf.org/current-events

Conference Calls/Discussion Boards http://www.cocaf.org/current-conference

Child Welfare League of America http://www.cocaf.org/conference-welfare

Conscious Connections Talk Radio http://www.cocaf.org/conference-conscious

"Listening to Parents" Project Discussion Board <a href="http://www.cocaf.org/conference-listening">http://www.cocaf.org/conference-listening</a>

NAMI Children's Conference Calls http://www.cocaf.org/conference-nami

COCAF E-Newsletter 20 of 20 August 2009